

Contact: Cheri Cowell
FOR IMMEDIATE RELEASE
Email: cheri@chericowell.com
Phone: (407) 366-6863

Author Cheri Cowell Shares Six Questions to Help You Find Direction *Is there a way to really know which choice is best?*

ORLANDO, FL –*Should I take the promotion and relocate my family; should I go back to school instead; maybe I should just stay where I'm at and see what happens? What does God want me to do next?*

Trying to determine which direction to take in life is not always easy. Sometimes, it's a matter of apples or oranges. Either option seems like a step in the right direction; but how do we know which is best? How do we know which one is God's will for our lives? Are we just supposed to guess, cross our fingers, and hope we chose right?

Cheri Cowell believes that the key to making confident decisions is to stop trying to guess God's "will" and focus instead on discerning His "way."

As a popular conference and retreat speaker with more than 15 years of ministry experience, Cowell understands the need for a practical, biblical approach to decision-making.

In her new book *Direction* (Beacon Hill Press of Kansas City), Cowell presents six questions readers should ask themselves when facing an important decision. Through observation and exploration, she examines each question and shares examples of how others—from Bible times to present day—have used these questions to find God's way in the story of their lives. From career options to medical decisions to relationship questions, Cowell's instruction and guidance helps readers learn how to make confident choices as they seek God's direction on the road of life.

Read what others are saying:

"Direction explores the multi-colored landscape of real life and challenges readers to embrace mystery and let God be God."

—DR. PAUL W. CHILCOTE, author of *Praying in the Wesleyan Spirit*

"Cheri Cowell writes with compassionate insight, offering a biblically-sound, no-nonsense approach to making God-centered life choices."

—JAMES ROBINSON, author of *Prodigal Song*

"Direction gets to the heart of the questions we all ask as we seek to do God's will. I am grateful for this resource and will recommend it to those I come in contact with through ministry."

—MARYBETH WHALEN, author of *For the Write Reason*

"So many earnest Christians struggle to find the will of God in their lives. Cheri Cowell has given us readable, balanced, and scripturally based insights that will bless and guide any thoughtful reader."

—J. ELLSWORTH KALAS, president, Asbury Theological Seminary

To schedule an interview with Cheri Cowell, call (407) 366-6863
ISBN: 978-0-8341-2335-9, \$14.99, Trade Paper, 192 pages, Beacon Hill Press of Kansas City
Electronic Press Kit available at www.DirectionAndDiscernment.com

###